

## **South Hills Middle School Prevention Plan 2023-24**

**South Hills Middle School is committed to creating a safe and caring environment of lifelong learners and responsible citizens.**

### **Prevention Plan Overview**

Our school prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, the systems and strategies for supporting our students are listed below:

- Our school provides a Teachers Advisory (TA) period with lessons where intentional connections are formed between teachers and students and Social Emotional Learning (SEL) lessons are explicitly taught.
- Our school practices Standards Based Learning to support student confidence.
- Our school offers a Positive Behavior Intervention System (PBIS) to reward positive behavior.
- Our school uses Panorama data management to identify students in need of additional support.
- Our school offers specialty TA classes, clubs, and after school programs to promote school culture and belonging.
- Our school provides access to District mental health and support resources through Student Services which includes the Jordan Family Education Center and Mental Health Access Program.
- Our school provides access to academic support with District departments to support the success of every student.
- Our school's mental health providers (school counselors, school psychologists, or clinical support) are trained and supported by District administration to follow current best practices in prevention and intervention efforts.
- Our school intervenes with early warning, content monitoring, and anonymous reporting tools with support from District specialists to identify and support students who may be at risk.
- Our school provides access to parent and family resources including a District partnership with the Cook Center for Human Connection, evening parent seminars, and classes through the Jordan Family Education Center.
- Our school has a Principal's Pantry to provide food and clothes for students in need.
- Our school has a McKinney-Vento aide who provides support and assistance to homeless students (food, clothing, transportation) and referrals to district, county, and state services.

### **Suicide Prevention Plan**

- Our school's mental health providers and administrators are trained on and review District suicide risk intervention guidelines annually with support from Jordan District's Student Services Team.
- What we already do:
  - a. QPR training

- b. yearly suicide prevention lesson for each grade (7, 8, 9)
  - c. HOPE week
  - d. Teacher suicide prevention training (QPR) 1 hour at the start of the year and 1 hour in January.
  - e. Tiger Squad lessons & training
  - f. What we may need to add:
  - g. Counselors train staff in QPR - August & January PD. Provide mental health resources for adults and students in PD's.
  - h. Tiered interventions for students
  - i. Possible teacher group counseling provided by social worker/counselor/psychologist/outside counselor.
- All of our school's licensed staff participate in suicide prevention training for their license renewal.
  - Students identified who may be at risk of suicide receive interventions and support appropriate to their individual needs which may include a screening interview (CSSR-S), parent/guardian contact, a safety plan, mental health recommendations/referrals (JFEC, MHAP, etc.), a re-entry meeting, and regular follow-up.

## **Bullying, Harassment, and Discrimination Prevention Plan**

- Our school team proactively reviews relevant data on school climate, safety, and bullying by identifying vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities) and specific spaces where bullying may be likely to plan supports accordingly.
- Our school staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.), and responding to bullying incidents. Training occurs at the beginning of each year, and issues are reported immediately.
- Our school staff documents incidents in Skyward according to State requirements.
- Students involved in incidents of bullying as targets, aggressors, or witnesses receive support for their individual needs which may include suicide risk assessments, counseling and mental health services (i.e. school mental health team, JFEC, MHAP), Functional Behavior Assessment (FBA), Behavior Intervention Plan (BIP), a student wellness plan and/or parent/guardian contact—recognizing that targets, aggressors, and witnesses of bullying are in more susceptible to school problems.
- Through daily TA lessons, students and staff engage in pro-social, emotional, conflict resolution, bullying, and TIGER Trait learning opportunities, skills, and discussions.

## **Violence Prevention Plan**

- Our school's administrators are trained on the Comprehensive School Threat Assessment Guidelines (CSTAG), along with other members of our school's threat assessment team which includes counselors, social workers and school psychologist.
- Our school has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (CSTAG) and its decision tree. This includes warning potential victims and their parents/guardians.
- Our school's staff and students are aware of school procedures for recognizing and reporting (SafeUT, content monitoring etc.) threats of violence. School staff coordinate with each other on the response to SafeUT reports.

- Students who are affected by or who make threats of violence receive interventions and support appropriate to their individual needs which may include problem solving, CSTAG interviews, suicide risk assessments, Functional Behavior Assessment (FBA), Restorative Conferencing, Mediation, a Behavior Intervention Plan (BIP), counseling and mental health services (i.e. school mental health team, JFEC, MHAP) a student wellness plan and/or parent contact.
- TA lessons focused on recognizing and reporting threats.
- Variety of staff will be used for re-entry to school from violent events or threats to assist with on-going support.
- all of our school counselors trained in CSTAG

## **Additional Strategies**

- Red Ribbon Week
- HOPE Week (suicide prevention)
- Community Education Events through JFEC
- Random Acts of Kindness—catching students being kind twice a week
- Student of the Day—nominated by teachers and staff
- Skylert emails with helpful information and community events
- Community night focused on School Violence Risk Assessment.

This prevention plan has been created following Jordan District guidelines, which can be reviewed at [wellness.jordandistrict.org](http://wellness.jordandistrict.org).

## **Future Plans & Ideas**

Put any reasonable, actionable ideas down here for future planning & ongoing growth

- Structure and develop TA lessons for teachers to focus on coping skills, problem solving, conflict resolution.
- School-wide “Mindful Minute/Moment” done during announcements or TA class to teach active coping strategies.
- School-wide curriculum and same verbiage for teaching about the brain and how it functions (flipping your lid, color coded levels etc.)
- CSTAG training for additional necessary personnel (e.g. social worker)
- Host Community Resource Nights - i.e. JFEC, Alternative Language Services, Jordan Education Foundation, community suicide prevention/abuse resources.