

## **South Hills Middle School Prevention Plan 2025-2026**



### **Prevention Plan Overview**

Our school prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, the systems and strategies for supporting our students are listed below:

- Our school provides a Teachers Advisory (TA) period with lessons where intentional connections are formed between teachers and students and social, emotional, and wellness lessons are explicitly taught.
- Our school offers a number of Positive Behavior Intervention System (PBIS) to reward positive behavior.
- Our school uses Skyward and Panorama data to identify students in need of additional support.
- Our school practices proficiency-based learning to support student confidence and academic achievement.
- Our school provides access to academic support classes within the school to support the success of every student.
- Our school offers specialty TA classes, clubs, and after-school programs to promote school culture and belonging.
- Our school's mental health providers (school counselors, school psychologists, or clinical support) are trained and supported by District administration to follow current best practices in prevention and intervention efforts.
- Our school intervenes with early warning, content monitoring, and anonymous reporting tools with support from District specialists to identify and support students who may be at risk.
- Our school provides access to parent and family resources including a District partnership with the Cook Center for Human Connection, evening parent seminars, and classes through the Jordan Family Education Center.
- Our school provides access to District mental health and support resources through Student Services which includes the Jordan Family Education Center and Mental Health Access Program.
- Our school has a Principal's Pantry to provide food and clothes for students in need.
- Our school has a McKinney-Vento aide who provides support and assistance to homeless students (food, clothing, transportation) and referrals to district, county, and state services.

### **Suicide Prevention Plan**

- Counselors and administrators trained and reviewed District suicide risk intervention guidelines annually with support from the District Student Services:

- QPR-trained counselors (Question Persuade Refer)
- QPR training for faculty and staff facilitated by the counseling team
- Yearly suicide prevention lesson for each grade (7, 8, 9)
- School-wide HOPE week to raise awareness and teach strategies
- HOPE Squad students given lessons on suicide awareness, prevention, and training
- Wellness Room in the Counseling Center for students to self regulate
- Virtual Wellness room for students to access online tools and information from their Chromebook
- Lessons through TA classes on emotional regulation, self advocacy, and communication skills
- School-wide anti-bullying presentations/lessons
- All licensed staff participate in suicide prevention training for their license renewal
- Students identified as ‘at risk’ receive interventions and support appropriate to their individual needs which includes a parent/guardian contact, and also may include:
  - Screening interview (CSSR-S)
  - Safety plan
  - Mental health recommendations/referrals (JFEC, MHAP, etc.)
  - Re-entry meeting
  - Regular follow-up / check-in
  - Other supportive measures as identified by parent/guardian, student, or administration

## **Bullying, Harassment, and Discrimination Prevention Plan**

- Our school team proactively reviews relevant data on school climate, safety, and bullying by identifying ‘at risk’ students and vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities).
- Every school year, our school staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.) and responding to bullying incidents immediately.
- Our school staff documents incidents in Skyward according to State requirements.
- Students involved in incidents of bullying as targets, aggressors, or witnesses receive support for their individual needs which includes parent/guardian contact, and also may include:
  - Suicide risk assessment
  - Counseling and/or mental health services (i.e. school mental health team, JFEC, MHAP)
  - Functional Behavior Assessment (FBA)
  - Behavior Intervention Plan (BIP)
  - Safety plan
  - Student wellness plan
  - Other supportive measures as identified by parent/guardian, student, or administration
- Through TA lessons, students and staff engage in prosocial, emotional, conflict resolution, bullying, wellness, and TIGER Trait learning opportunities, skills, and discussions.

## **Violence Prevention Plan**

- Our school's administrators are trained on the Comprehensive School Threat Assessment Guidelines (CSTAG), along with other members of our school's threat assessment team which includes counselors, a social worker and a school psychologist.
- Our school has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (CSTAG) and its decision tree. This includes warning potential victims and their parents/guardians.
- Our school's staff and students are aware of school procedures for recognizing and reporting (SafeUT, content monitoring etc.) threats of violence. School staff coordinate with each other on the response to SafeUT reports.
- Students who are affected by or who make threats of violence receive interventions and support appropriate to their individual needs which includes parent/guardian contact, and also may include:
  - Suicide risk assessment
  - Counseling and/or mental health services (i.e. school mental health team, JFEC, MHAP)
  - CSTAG interviews
  - Mediation
  - Functional Behavior Assessment (FBA)
  - Behavior Intervention Plan (BIP)
  - Safety plan
  - Student wellness plan
  - Other supportive measures as identified by parent/guardian, student, or administration
- TA lessons focused on recognizing and reporting threats.

## **Additional Strategies**

- Red Ribbon Week
- White Ribbon Week
- HOPE Week (suicide prevention)
- Community education classes and events through JFEC
- Student of the Day (nominated by teachers and staff)
- Tiger of the Month (nominated by teachers)
- Tiger Stripes economy
- Bi-weekly drawings to recognize and reward attendance and citizenship
- Regular and consistent ParentSquare messages with helpful information and community events
- Principals Pantry
- Parent/Guardian meetings
- Christmas for Kids
- Thanksgiving Heroes
- Group Counseling

- Individual Counseling
- Parent education nights
- Credit recovery classes
- Tiger Intervention Room to address tardies, behavior, and academic concerns
- Targeted interventions and help for ML students

This prevention plan has been created following Jordan District guidelines, which can be reviewed at [wellness.jordandistrict.org](http://wellness.jordandistrict.org).

## **Future Plans and Ideas**

- Continue to develop TA lessons to engage students in building skills for:
  - Problem solving
  - Conflict resolution
  - Coping
  - Awareness
- Continue to support teachers in understanding teen psychology and attitudes to improve connection and engagement
- Ongoing CSTAG training for additional necessary personnel (e.g. social worker)
- Host Community Resource Nights - i.e. JFEC, Alternative Language Services, Jordan Education Foundation, community suicide prevention/abuse resources